

# Sheila Layla Ritter Ananda, MA, LLP

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## TEACHING AND TRAINING EXPERIENCE

### *Classes and Workshops Developed and Presented*

Active Listening  
Assertiveness  
Board of Directors Roles and Responsibilities  
Business Finance  
Communication  
Conflict Resolution  
Cooperative Business Principles and Practices  
Customer Relations  
Diversity Issues  
Empathy Training  
Employee Relations  
Giving and Receiving Feedback  
Group Process  
Guitar, Vocal and General Music – classes and private lessons  
Hiring, Supervision and Evaluation  
Leadership Development  
Management Skills  
Marketing and Recruitment  
Meeting Process and Facilitation  
Multicultural Education  
Music as a Therapeutic Tool  
Music's Healing Properties  
Music's Role in Child Development  
New Member Orientation  
Self-Esteem  
Spiritual Issues in Business  
Spiritual Issues in Psychotherapy  
Strategic Planning  
Substance Abuse Information and Prevention  
Training for Trainers  
Women's Issues in Business and Housing

### *Other Consulting Activities*

Advising on business start-up and practices  
Advising on interpersonal issues and relations  
Conflict resolution  
Facilitation of board and staff retreats  
Financing research and advice  
Meeting facilitation  
Mediation